

**CAROL HESTER**  
Luther College  
Professor of Music  
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## **EDUCATION**

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Licensed Andover Educator, 2016  
The Florida State University

- Doctor of Music, Flute Performance, December 1990  
Secondary Area—Music Theory
- Master of Music, Flute Performance, May 1987  
Secondary Area—Piano

Samford University

- Bachelor of Music in Flute and Piano Performance, May 1985

Private Study

- Flute: Alexa Still, Adam Kuenzel, Charles DeLaney, Martha Bell, Debbie Satterwhite
- Keyboard: Arthur Rowe, James Stroom, Betty Sue Shepherd, Janet Varner, Dana Hester, Karyl Louwenaar, H. Edward Tibbs

## **CURRENT TEACHING AND RESEARCH INTERESTS**

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*Body Mapping*—Connecting the quality of movement to the quality of sound and expressive playing

## **TEACHING EXPERIENCE**

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Luther College, 1990-present

- Professor of flute 2011-present
- Associate Professor of flute, 1998-2011
- Assistant Professor of Flute, 1991-1998
- Instructor of Flute, 1990  
Responsibilities have included teaching applied flute, applied piano, class piano, ED 275-A (Woodwind Methods, flute portion), and chamber music coaching
- Dorian Music Camps and Festivals, 1991-2016
- Dorian Keyboard Festival, 2009-10, 2000-04, 1993-97, 1991

The National Lutheran Summer Music Camp

- 2010-2012, 1994-96, Flute Instructor & Small Ensemble Coach, Movère Faculty  
Woodwind Quintet
- 2004 substitute teacher

Hiawatha Valley Chamber Music Festival, La Crosse, Wisconsin, July 1996

The Florida State University

- Graduate Teaching Assistant, 1988-89
- Summer Music Camp faculty member, 1988
- First Baptist School of Music, Tallahassee, Florida, Flute & Piano Instructor, 1986-88
- Private Studio Teaching, 1980-2012, Flute & Piano

## **CLINICS, FESTIVALS, MASTERCLASSES, SEMINARS, SYMPOSIUMS**

### Upper Midwest Flute Association

- Presentation: *Along the Path Toward Body Mapping—Lessons Learned as an Andover Educator Trainee*, April 2016

### Dominican Republic

- *Flute Project: Santo Domingo 2015*, Accompanist, Body Mapping Trainee Presenter; Coach, Flute Performer

### Summerflute Camp 2014, Columbus State, Georgia, Participant

### Cedar Rapids Symphony Flute Camp, Cedar Rapids, and Hiawatha Iowa

- Guest Performer, Teacher, Clinician, August, 2015, 2013, 2008-09

### Luther College

- Future Music Educators' Association 2015 Fall Symposium, *Body Mapping for Musicians* presentation
- Flute, Oboe, Viola, and Violin Seminars, Conducting Class, Body Mapping presentations, 2015-16
- Southeast Minnesota Youth Orchestra (SEMYO), October 31, 2009, November 15, 2008 (Hosted Sectional/Masterclass with the flute section)
- Susan Williams' Voice Seminar, *A Flutist's Approach to Breathing*, 2004
- Ethnic Arts Festival, March 2003, performer
- Coordinator, Treasurer, Hostess, and Accompanist for the Torkil Bye (former Principal Flutist of the Oslo Philharmonic) Flute Masterclass, June 28-30, 1993

### Lawrence University

- “*northern retreat*” for Lawrence woodwind students at Björklundevn Vid Kjön in Door County, Wisconsin; November 6-7, 2009, Guest Clinician with the Luther College Faculty Ensemble, the *Talus Trio*

### Black River Arts Alliance, Black River Fall, Wisconsin

- Masterclass/Presentation with the *Talus Trio*, November 8, 2009

### Iowa Flute Festival:

- Adjudicator for Jr. & Sr. High School Flute Competition, Drake University, 2005
- *Iowa Flutists in Concert*, The Hester Trio with Tony Guzmán, Guitar, & John Goodin, Mandolin, Iowa State University, 2004
- Iowa Teachers' Panel Discussion Participant: *Successful Auditions into College & Beyond*, Grinnell College, 2002
- Iowa Teachers' Panel, Presentation: *Warming Up to Warm-up—Physical Perspectives on Letting Go*; also performed in *Iowa Flutists in Concert*, University of Northern Iowa, 1999

- *New Works for Flute: Creating, Commissioning & Teaching*, performance of commissioned work, *Hymns of Reverence*, arr. by Peter Lingen, University of Northern Iowa, 1994
- *Ethnic & Small Historical Flutes*, presenting the “D” Fife presentation; also, joint organizer for the Jan Gippo Piccolo Lecture/Masterclass, University of Iowa, 1993

#### Band Clinics:

- Rome High School Band, Rome, Georgia, Guest Flute Clinician, July 2007 & All-State Prep Sessions, January 2004
- Arab, Alabama, Junior High School Band Flute Clinic, January 1996
- Snelson Golden Middles School Flute Clinic, Hinesville, Georgia, October 1994
- Bradwell Institute Flute Clinic, Hinesville, Georgia, May 1990

Tadeu Coelho & Keith Underwood, 7<sup>th</sup> Annual Flute Seminar, Univ. of Iowa, June 1999  
The Crested Butte Mountain Music Institute (Colorado)

- Mary Karen-Clardy’s Adult/Collegiate Masterclass, Performer, July 1998

## **PERFORMANCE EXPERIENCE**

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### **Solo Performances with Major Ensembles**

#### Luther College

- Chamber Orchestra, November 2011
- Philharmonia, April 2005
- Chamber Orchestra, November 2002
- Chamber Orchestra, November 1997
- Nordic Choir and Chamber Orchestra, March 1996
- Concert Band, February 1995, March 1992
- Chamber Orchestra, November 1991

#### The Florida State University

- FSU Chamber Winds, Concerto for Flute and Eight Wind Instruments, William Alwyn, November 1988

#### Samford University

- Concerto-Aria Winners in Concert, Piano Concerto No. 3 (III. Allegro ma non troppo), S. Prokofiev, September 1984
- Concerto-Aria Winners in Concert, Piano Concerto in A Minor (1<sup>st</sup> mvt.), R. Schumann, September 1983
- Concerto-Aria Winners in Concert, Concerto for Flute and Orchestra, (II. Andante, III. Allegro Scherzando), J. Ibert, September 1982
- Concerto in G for Two Flutes (I. Allegro), D. Cimaroso, September 1981

### **Solo Recitals**

#### Luther College

- Faculty Recitals, 2014, 2011, 2008, 2001-05, 1997-98, 1995, 1991-93

#### Owatonna Arts Center (Owatonna, MN)

- Flute & Harp Recital, with Luther Harpist, Ann Benjamin, October 2011

#### Viroqua Fine Arts Association

- Spring Concert, with Luther Harpist, Jacquelyn Venter Ridder, May 2010  
The Florida State University

- Masters and Doctoral Recitals, 1990, 1986-88  
Samford University

- Alumni Duo Recital, April 1988, Flute  
The Wallace State Community College (Alabama)

- Guest Piano Recital, 1984

### **Chamber Music**

*Water Street Music Series, Mozart Underground*, Decorah, Iowa, April 2016 (pending)  
The Classics at Montauk (Clermont, Iowa)

- *Second Concert of the Eleventh Annual Series*, Flute, Oboe & Piano Recital, ,  
February 2016

- *Third Concert of the Fourth Annual Series*, Flute, Harp & Piano, March 2009  
Winona State University

- Chamber Music Winona, 2<sup>nd</sup> Flute, May 2014, August 2010, October 2008

- World Music Concert Series, with Tony Guzmán, Guitar, April 2004

The Porter House Museum (Decorah, Iowa)

- *Remembering Francis Poulenc*, Oneota Winds with M. Wharton, May 2013

- *J.J. Hancock Memorial Concert Series*, Concert for Flute, Harp & Piano, March  
2009

Bach at First Lutheran (Decorah, Iowa)

- Bach Suite in B Minor, Solo Flute, May 2012

Decorah First United Methodist Church

- *Benefit Recital for Music Program*, October 2012, Flute Quartet

The National Lutheran Summer Music Academy

- *Movère* Faculty Woodwind Quintet performances, July 2010-12, 1994-96  
(Flute/Piccolo)

Macalester College (Minnesota)

- *A Concert of New Music*, works of Randy Bauer (Flute/Piccolo with Eric Kutz,  
Cello, Miko Kominami, Piano), November 2010

Black River Arts Alliance (Black River Falls, Wisconsin)

- Guest Recital, Luther College Talus Trio (Flute, Oboe, Clarinet) November 2009

The University of Northern Iowa

- Guest Recital, Luther College Talus Trio (Flute, Oboe, Clarinet) October 2009

Wartburg College (Iowa)

- Eastern Iowa Clarinet Camp, Luther College Talus Trio (Flute, Oboe, Clarinet)  
June 2009

Luther College

- *Flute Menagerie*, Luther College Alumni Flutists in Recital, October 2015, flute,  
contrabass flute

- Various New Music Recitals (*Music in the Shape of a Pear* series), 2013,  
2008-10, 2006, Flute, piccolo, alto flute

- 2015 Dorian Band Festival Concert, Faculty Woodwind Quartet, March 2015

- 2013 Dorian Band Festival Concert, Oneota Winds & Luther students in collaboration, February 2013
- Faculty Woodwind Quintet & Quartet, Dorian Band Festival, Open Rehearsal for Scholar Visit Days, February 2015, 2013, 2006, flute, piccolo, alto flute
- Faculty Showcase Recitals, September, 2013, 2009, 2007
- Oneota Winds (Faculty Woodwind Quintet), October 2010
- With Guest Tango Musician Eduardo Tami and the *Tami Tango Trio*, Featured Flute Soloist, *Marty's Café*, October 2008
- Iowa Composers' Festival, Faculty Woodwind Quintet & Woodwind Quartet, October 2008
- BDAA 2007 Festival of Russian Music, Guest Performer with the Luther College Balalaika Ensemble, July 2007
- Iowa Music Teachers' Association State Conference, The Hester Trio (Flute, Guitar, Mandolin) & the Luther College Faculty Quartet (Flute, Oboe, Clarinet, Piano), June 2007, June 2001
- Iowa Music Teachers' Association State Convention, June 2001
- Various Faculty, Guest, & Student Recitals, 2002-15, 1997-2001, 1991-96
- Imaginarium Benefit Concert, November 2003
- Collegium Musicum, April 1999
- Gershwin Anniversary Celebration by Luther Faculty, September 1997
- A Faculty Woodwind Chamber Recital, November 1995, in collaboration with faculty from the University of Northern Iowa
- Luther College Faculty Players, April 1993
- Luther College Collegiate Choral and Instrumentalists, April 1992
- Luther College Women's Clubs, March 1991

*Musica Dulce* (Decorah, Iowa)

- Featured Chamber Music Group, The Hester Duo (Flute, Guitar) June 2008-09  
Music at the Hotel Winneshiek (Decorah, Iowa)

- *Thursday Night Live!* series, (Flute, Guitar) January-May 2003

71<sup>st</sup> Annual Conference, Iowa Bandmasters Association (Des Moines, Iowa)

- The Northeast Iowa Chamber Players, Woodwind Quintet, Collaboration with the Luther wind Faculty & the University of Northern Iowa Faculty, 1998

Burning Bright, *A Concert of Early American & Old English Christmas Music*,  
December 1998, Grace Episcopal Church, Decorah

The Florida State University

- The Alabama Shakespeare Festival, Baroque Flute, The Florida State University Baroque Ensemble, April 1990
- Doctoral Chamber Recital, Flute/Baroque Flute, April 1989
- Graduate Flute Choir, Flute/Alto Flute, 1985-88
- Bach Parley Recitals, Baroque Flute, 1989-90
- The Florida State University Baroque Ensemble, Baroque Flute, 1988-90
- The Florida Flute Association Annual Flute Fair, *Graduate Group of Baroque Flutists*, February 1989

## Radio

- KDEC FM/AM, Decorah, Iowa, Promotion for *Musica Dulce*, feature performing guests, with Tony Guzmán, Guitar, June 2009
- The Lanesboro Radio Company, OVER THE BACK FENCE, June 2003
- WNYC (New York's top Public Radio Station) broadcast performance of the 1st movement from *4 in Motion* by Philip Wharton, written for and performed by *Quartet Inégal*, 1994
- WFSU Radio—Broadcast performance of William Alywn's Concerto for Flute and Eight Wind Instruments (mvts. 3 & 4) on National Public Radio's *Performance Today*, March 1989

## Orchestra and Band

- The La Crosse Symphony Orchestra
- 2010-present & 1992-2002, Principal Flute, 2010 Substitute, 2<sup>nd</sup> Flutist/Piccolo
- The Balalaika and Domra Association of America, Festival Orchestra
- Principle Flute/Piccolo, July 2007 (Luther College)
- Norwegian Singers Association of America Grand Concert
- *Sangerfest*, Center for Faith and Life, Luther College, Principal Flute, July 2006
- Waterloo—Cedar Falls, Metropolitan Chorale, Principal Flute, April 2002
- Music at Penn's Woods Festival Orchestra
- Principal Flute Summer 1998
  - Second Flute and Piccolo, Summer 1992
- The Nittany Valley Symphony, Summer 1992, (Flute/piccolo substitute)
- Choral Arts Ensemble of Rochester Chamber Orchestra, Second Flute, April 1992
- Dorian Opera Theatre, Decorah, Iowa, Principal Flute, July 2000-02, 1997-98, 1991
- The Dubuque Symphony Orchestra, Flute/Piccolo substitute, 1990-92
- The Florida State University
- Faculty Chamber Orchestra, Second Flute, 1987-88
  - The Florida State University Opera Orchestra, 1986, Principal Flute
  - The Florida State University Orchestra, 1985-86, Principal Flute
  - Birmingham Civic Opera Orchestra, 1984-85, Flute
  - Samford University Concert Band, 1980-82, Flute

## SABBATICAL LEAVES

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- Spring 2014: *Training in Body Mapping with Specific Application for Flutists*
- Spring 2007: *Healthy Building Blocks for Playing and Teaching the Flute: A Text and Resource Guide for Use in Flute Methods*
- Spring 2000: *Flute/Piccolo Pedagogical Explorations*

## RECORDINGS

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- Waves of Stone*—Music by Brooke Joyce; *Six Degrees of Separation* and *Come up from the fields, father* (Flute); *toydogmusic* (Piccolo), CD released September 2009
- Maria Zouves*—With *Flowers Crowned*, *Floghera* (Flute), CD released November 1999
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## **PUBLICATIONS**

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*Elégie*, Op. 3, No. 1 by S. Rachmaninoff, transcribed for Flute & Piano by Carol Hester, released March 2009 by ALRY Publications

## **TEXTBOOK**

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*Teaching the Flute—A Method for Instruction*

1<sup>st</sup> edition produced September 2007, 2<sup>nd</sup> edition produced February 2008, 3<sup>rd</sup> edition produced October 2009

## **GRANTS AND PARTNERSHIPS**

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- *The H. George Anderson and Jutta F. Anderson Faculty Development Fund* in support of Spring 2014 sabbatical project
- *The Tomson Family Faculty Fellowship* in support of Spring 2014 sabbatical project and for ongoing training in Body Mapping ('13-'14 & '15-'16)
- *The Doris and Ragnvald Ylvisaker Endowment for Faculty Growth*, awarded to fund the establishment of the Talus Trio, a Luther College Faculty Ensemble (Heather Armstrong, oboe, Michael Chesher, clarinet, Carol Hester, flute)
- *Luther College 2010 Teaching Partnership*, awarded to Heather Armstrong and Carol Hester; projected summation title: *The Flexible Applied Teacher—providing efficient instruction one student at a time*

## **ACCOMPANYING**

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Luther College

- Various guest masterclasses, voice & woodwind juries, seminars, faculty, guest faculty & student recitals, 1990-present
- Music Faculty Showcase, September 2007
- Pi Kappa Lambda, *Guess the Composer Recital*, February 2006
- Faculty Recognition Evening, May 2005
- Torkil Bye Summer Flute Masterclass, June 28-30, 1993
- Dorian Band Festival, Grand Concert Soloists, February, 1993-94

The National Lutheran Summer Music Academy

- Accompanist for various flute students & flute studio recitals, 2010-'12, 1994-96

Wartburg College

- Eastern Iowa Clarinet Camp, Accompanist (along with Heather Armstrong) for Michael Chesher, Clarinet, June 2009

Iowa High School Music Association

- Solo/Small Ensemble Festival, March 2010, 2008

Local Folk Performers on Stage, Decorah, Iowa, March 1994

Upper Midwest Flute Association

- Recital, Macalester College, November 1993,

The Florida State University

- Joint Celebration for the Fourteenth Anniversary of Florida-Yugoslavia Day and the Twenty-eighth Anniversary of the Center for Yugoslav-American Studies, Research and Exchanges, November 1989
- Graduate Assistant in Accompanying, playing for doctoral and master's recitals for flute, bassoon, trumpet, horn, violin, composition, 1985-87
- Festival of New Music, 1987

The Florida Flute Association Annual Flute Fair, College Flute Competition, 1987

## **PROFESSIONAL MEMBERSHIPS**

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National Flute Association  
Andover Educators

## **OTHER**

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Coordinator, Fine Arts Camp, Calmar, Iowa June 19-21, 2003

Enrollment, Thirty-six children, ages 5-13

Children's Choir Director, Living Hope Baptist Church, Fall 2005, Ossian, Iowa

Calmar Children's Choir, Fall 1998-Spring 2004

Grace Fellowship Baptist Church, 1994-97

John Cline Elementary School, Decorah, Iowa

Guest Musician for Preschool & Special Education classes, Spring 2005,

Winter 2006-07